

**What is claimed is:**

1. A cutting device comprising:  
a cutting wheel;  
a handle having a finger stop structure; and  
a neck portion coupled to the cutting wheel and handle, and wherein the neck portion has a length greater than or equal to the diameter of the cutting wheel.
2. The cutting device of claim 1 wherein the finger stop structure is made of rubber.
3. The cutting device of claim 2 wherein the finger stop structure is an elongated pad extending along a top surface of the handle.
4. The cutting device of claim 1 wherein the ratio of the handle to a diameter of the cutting wheel is approximately 3 to 1.
5. The cutting device of claim 1 wherein the neck portion has an arcuate shape.
6. The cutting device of claim 1 wherein a length of the handle is between 4.5 to 7 inches.
7. The cutting device of claim 6 wherein the length is between approximately 5 to 6.5 inches.
8. The cutting device of claim 6 wherein the length is approximately 6 inches.
9. The cutting device of claim 1 wherein the cutting wheel is approximately 2 to 3 inches in diameter.
10. The cutting device of claim 1 wherein the handle is formed of one of the group consisting of plastic, wood, and metal.
11. The cutting device of claim 1 further comprising one or more finger ridges positioned on the handle.

12. A cutting device comprising:
- a cutting wheel;
  - a handle made of a first material and having a top surface along a first end;
  - a finger stop structure connected to the top surface along the first end, the finger stop structure made of a slip-resistant second material; and
  - an arcuate neck coupling the cutting wheel to the first end of the handle, wherein the length of the neck portion is greater than the diameter of the cutting wheel.
13. The cutting device of claim 12 wherein the finger stop structure includes an elongated pad made of a slip-resistant material.
14. The cutter of claim 12 wherein the cutting wheel is approximately 2 to 3 inches in diameter.
15. The cutting device of claim 12 wherein the ratio of the combined length of the neck and the handle to the diameter of the cutting wheel is approximately 3 to 1.
16. The cutting device of claim 15 wherein the diameter of the cutting wheel is approximately 2 to 3 inches.
17. A method of eating a flat food item comprising the steps of:
- providing a cutting device having a cutting wheel and a handle, said handle having a length of between 4.5 and 7 inches, and said handle having a finger stop;
  - grasping the handle of the cutting device, one end of the cutting device being held entirely within the palm of the user's hand, and one surface of the handle engaging a substantial portion of the user's index finger, and a tip of the index finger engaging the finger stop; and
  - rolling the cutting wheel across the flat food item to cut the food item.